



# Jodie Berndt

Pursuing Joy. Celebrating Grace. Living on Purpose.

Jodie Berndt is passionate about a lot of things, including her family (she has four grown children and two sons-in-law), college sports (they cheer for U.Va.), long beach days, good books, and Jesus.

Jodie is the author of ten [books](#), including the bestselling *Praying the Scriptures* series for Children, Teens, and Adult Children, as well as the free *Praying the Scriptures for Your Adult Children* [Study Guide](#), which is designed to promote biblical understanding, facilitate prayer, and create connection between parents who may be feeling somewhat isolated in their empty nest years.

A former television writer and producer, Jodie has appeared on *Focus on the Family* and *The 700 Club*, as well as other programs and podcasts, and her writing has been featured by media outlets such as Fox News, Proverbs 31 Ministries, and several family and parenting magazines.

Jodie's heart is to equip people to pursue joy, celebrate grace, and live on purpose. With her trademark blend of biblical insight and real-life humor, Jodie speaks to church groups, family conferences, and at parenting events around the country. Subscribers and website visitors can find weekly encouragement via Jodie's [blog](#)—as well as a selection of free resources like prayer cards and calendars—at [jodieberndt.com](#).

Jodie earned her B.A. in English from the University of Virginia, where she continues to serve on various commissions and boards. It's no surprise that she's a big U.Va. fan; that's where she met her husband, Robbie, and where they eventually sent all four of their children to school. Football season may be painful, basketball can be both glorious and heartbreaking, but year in and year out, everyone is always happy at the tailgate!

[jodieberndt.com](#)

